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PANASONIC EP571 Owner's Manual

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Operating Instructions

Household
Massage Lounger

EP571



Panasonic

Before operating this unit, please read these instructions completely.

IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using the massage lounger.

DANGER –To reduce the risk of electric shock:

1. Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING –To reduce the risk of burns, fire, electric shock, or injury to persons:

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use.
2. Close and continuous supervision is necessary when this appliance is used by invalids or disabled persons.
3. Use this appliance only for its intended use as described in this manual.
4. Do not use on or near children. Keep children away from massage lounger. To avoid possible injury to children or pets, always return chair to an upright position and close the legrest carefully. Make sure nothing can be caught in the legrest mechanism.
5. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged. Call your nearest servicenter for repair.
6. Keep the cord away from heated surfaces.
7. Never drop or insert any object into any opening.
8. Do not use outdoors.
9. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
10. To disconnect, turn all controls to the off position; then remove plug from outlet.
11. To reduce the risk of electric shock, this appliance has a polarized plug (one blade is wider than the other). This plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. Do not change the plug in any way.
12. To avoid possible injury to children, always return the chair to an upright position and close legrest
13. Do not use attachments not recommended by manufacturer.

SAVE THESE INSTRUCTIONS

– CUSTOMER'S RECORD –

Please note both the model and serial numbers of this product in the spaces provided. Retain this book along with a copy of your purchase receipt for future reference.

Model Number _____
Serial Number _____
Dealer's Name _____
Date Purchased _____

SAFETY PRECAUTIONS

1. WARNING: TO AVOID RISK OF INJURY

This product should not be used by pregnant or menstruating women, persons who are ill, or persons with back, neck, shoulder or hip pain or conditions of any kind without consulting a physician prior to use. Do not use on any area that has received medical treatment without consulting a physician prior to use.

2. Never put any part of the body between the massage heads. The squeezing action of the massage heads may injure them. Never put any part of the body between the legrest set lever and the arm rest or between the arm rest and the chair back.

Do not place hands in mechanical portion of legrest located under the seat.
Do not use on children.

3. Do not use without clothing.

Thin clothing increases the effectiveness but exposing the skin directly to the massager can irritate the skin.

4. Do not use for massaging the head, abdomen, elbows or knees.

5. Do not stretch the back muscles for more than approx. 15 minutes at one time.

To avoid overstretching of muscles and resultant discomfort on first using the chair, do not use for more than 5 minutes. You can gradually increase duration and intensity as you adjust to the chair.

Do not massage any one point for longer than 5 minutes.

Excessive massaging can overstimulate the muscles and nerves and result in an adverse effect.

To prevent excessive massaging, the massager comes with an automatic approx. 15 minute timer. After approx. 15 minutes, the massage heads will return to the restored position and stop.

6. While using the massager, if you start feeling sick, or if the massage seems painful, stop use immediately.

While using the massager, if the pressure seems too strong, the movement of the massage heads can be stopped by pressing the stop button.

7. When the chair back is in a reclined position, do not sit on it or sit with your legs resting on the head rest.

Do not sit on the legrest

The chair may fall over.

8. Do not allow children to play on or around the chair, especially during operation

CAUTION: To avoid damage to the chair

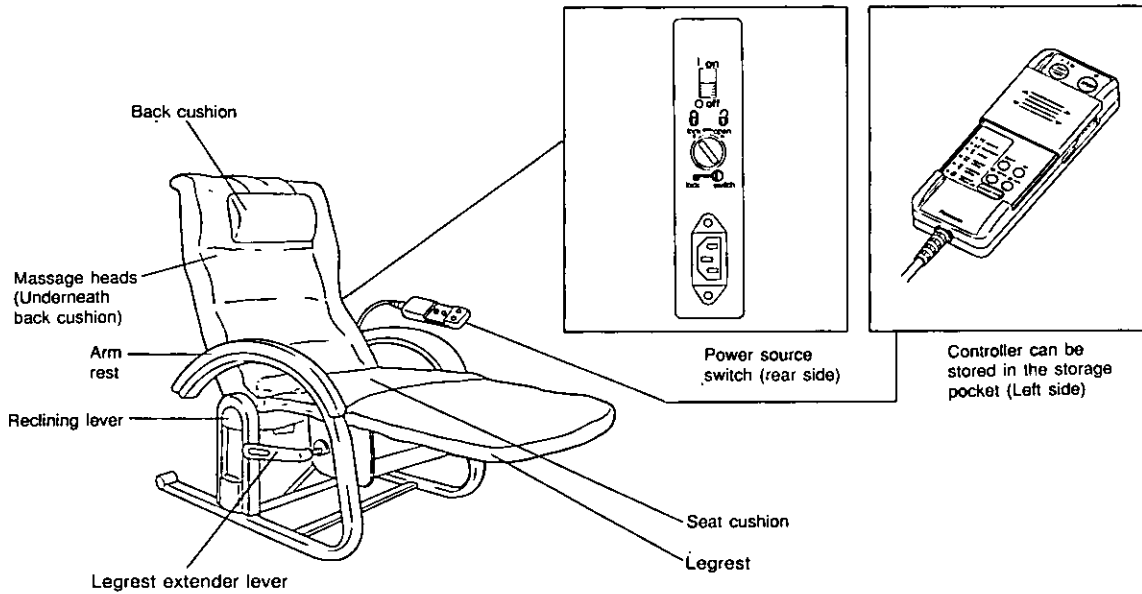
1. Do not sit on or drop the controller. Do not pull the controller cord or the power cord. Be careful not to catch the cord of the controller between the arm rest and the chair back.
2. Do not treat the chair roughly, such as forcing the reclining lever or the legrest extending lever, turning the chair on its side, turning the chair over and standing on it.
3. Do not treat the covering roughly.
 - Keep sharp or pointed objects away from the cloth of the chair. Be careful not to drop lit ashes or matches on the chair.
 - Exposure to direct sunlight can cause fading or a change in color of the covering.
4. If the massager functions abnormally, immediately turn off the power and have the massager checked by an authorized service center.
5. Do not attempt to repair the massager yourself.
6. Do not repeatedly operate any switch at short intervals. It may cause the switch to malfunction.
7. Some sounds may be heard coming from the massager while in use. This is due to the structure of the massager. This is a normal condition.
8. Make sure that there are no obstacles behind the chair when reclining it. The chair can be reclined to the maximum angle of 170°. If the back hits a wall or pillar, it may malfunction. Be sure to have ample space behind the chair.
9. When excessive pressure is applied to the massage heads, they may stop moving for safety. When moving the heads up from the lowered position, the body weight may stop the heads movement. In such case, slightly lift the body and let the heads move up.
10. After each massage, slide power switch in rear of massager to "off" position and turn the lock switch to "lock" position.
NOTE: Maximum user weight is 264 lbs (120 kg).

CARING FOR THE MASSAGER

- If the covering becomes soiled, dampen with liquid soap and then brush the surface, wipe with a cloth dampened with water. Allow to dry naturally. If the plastic portions become soiled use lukewarm water with liquid soap on a soft cloth to clean the surface.

Do not use thinner, benzene or other solvent type cleaners.

PARTS IDENTIFICATION



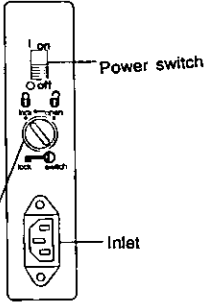
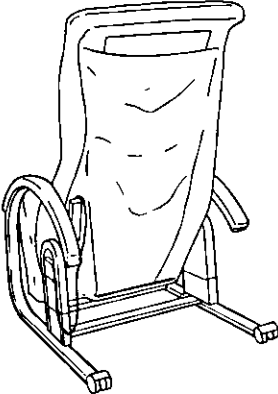
SPECIFICATIONS

Power source:	120V AC, 60Hz
Power consumption: (Massage lounger)	130W
Rotating speed (Massage head):	Approx. 28 times/min.
Massaging width:	2 61/64" (75mm)
Rolling massage:	Approx. 1 cycle every 33 sec. 3 11/32" or 4 21/64" (85mm or 110mm)
Regional rolling massage:	Approx. 4 23/32" (120mm)
Massage travel up and down:	Neck and shoulder section to waist section approx. 1' 10 1/4" (565mm)
Expansion of massage head:	Approx. 1 3/16" (30mm)
Massage heads adjustment:	7 steps
Automatic timer:	Approx. 15 min
Reclining angle:	127° – 170°
Programmed operation time:	approx. 12 min.
Short Program time:	approx. 5 min
Maximum user weight:	264 lbs (120kg)
Weight:	93 lbs (42kg)
Dimensions:	Not reclined and legrest restored 3' 6 7/64" × 2' 2 49/64" × 3' 1 25/64" 1,070(H) × 680(W) × 950(D) mm Reclined and legrest extended 2' 51/64" × 2' 2 49/64" × 5' 9 43/64" 630(H) × 680(W) × 1,770(D) mm
Accessories:	Back cushion

TURNING ON THE POWER

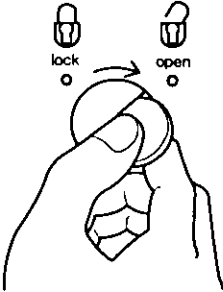
First read and familiarize yourself with the safety precautions.

- Plug the power cord into the inlet located at rear of chair.
- Plug the power cord into an AC outlet.
- Be careful not to pinch the cord under the leg frames of the chair or any other items.

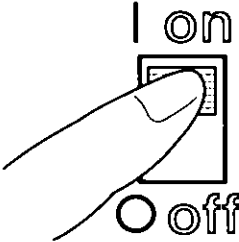


Operating lock switch
(Prevents unit from being turned "on" when switch is in the "lock" position)

1. Using a coin or similar object, insert into the lock switch and turn to "open".



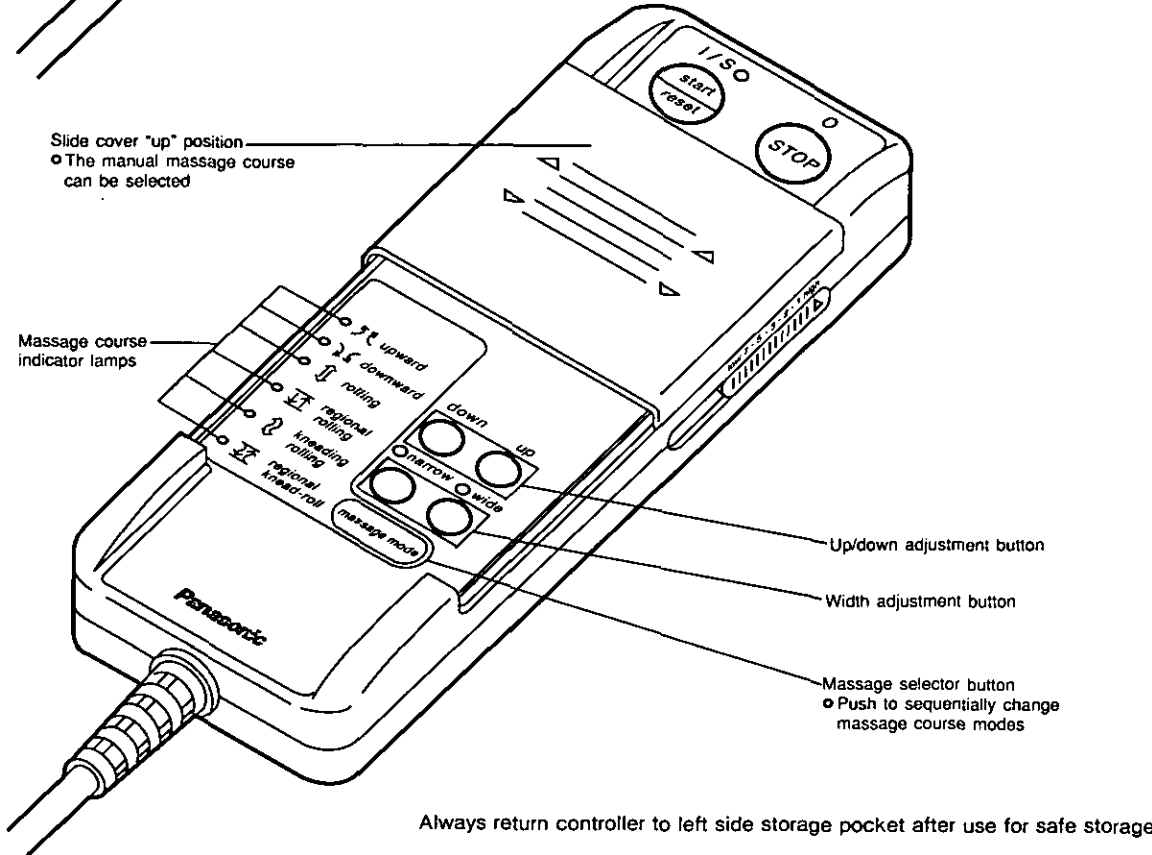
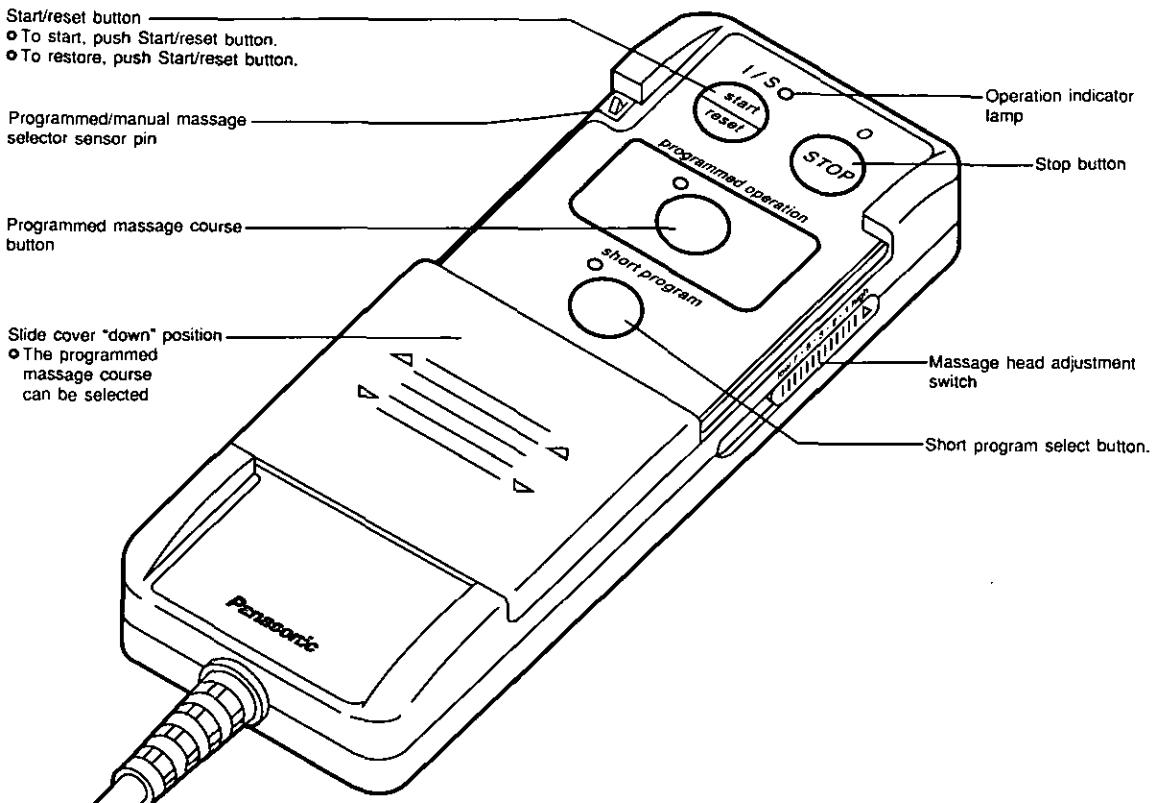
2. Move the power switch to "on".
 - When the operating lock switch is on "lock", the power switch cannot be moved to the "on" position.



After each use

- Be sure to turn the power switch to "off".
- To prevent children from using this unit, safety lock the power switch by moving the operating lock switch to the "lock" position.
- As a further caution, unplug the power cord from the outlet after each use.

CONTROLLER



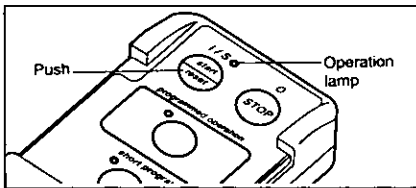
Always return controller to left side storage pocket after use for safe storage.

TO START/STOP MESSAGE ACTION

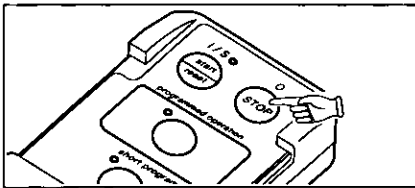
Before using, first read all of the instructions including the warnings and safety precautions as well as the section on programmed and manual massage.

(BEGINNING OPERATION)

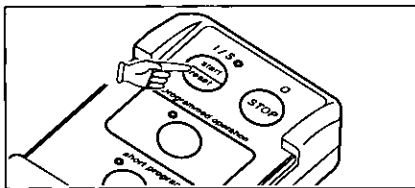
1. To operate the massage, push left side button.
 - o Check to be sure the operation indicator lamp is lit.



2. If you wish to stop the massage temporarily, push right side button.
 - The massage heads will stop where they are.
 - o Check to be sure the operation indicator goes out. To resume massage press left side button.

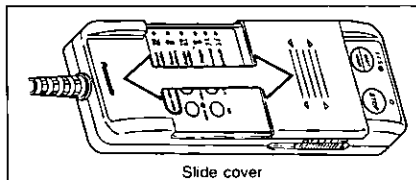


3. After final use, push the left side button to restore massage heads.
 - o The massage heads will go up, spread out and stop in the restore position. With the heads in this position you can sit comfortably, using the massager as a regular chair.
 - o Be sure to store the controller in the pocket on the side of the left armrest when not in use.



4. Do you want programmed or manual operation?

IMPORTANT NOTE: If you have never had a massage, we suggest you start in the manual mode.



- o If you wish to select the programmed massage, move the slide cover to lower position completely.
- o If you wish to select the manual massage, move the slide cover to upper position completely. (See NOTE)

NOTE: Be sure to check position of slide cover.

For manual operation, slide cover must depress the sensor pin located at upper left of the slide track.

Automatic timer for massage lounger

- o To prevent excessive massaging there is a built-in timer which after approx. 15 minutes of operation will automatically turn the massage heads to the "restore" position and stop their motion.
- o Turning on the operation switch while the massage heads are moving to the restore position will reset the time for another 15 minutes (approximately).
- o If the programmed massage button is pushed, the unit will stop after finishing the program.

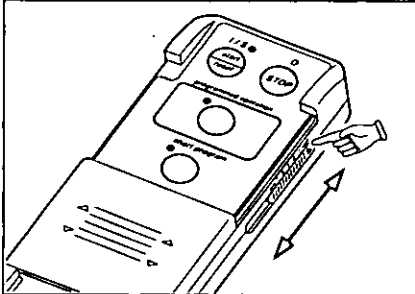
PROGRAMMED MESSAGE

First familiarize yourself with the safety precautions.

(HOW TO PRESET THE MESSAGE HEAD POSITION)

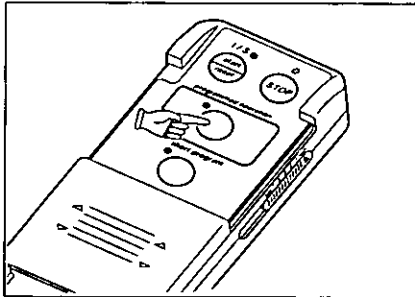
1. Turn on the operation button and move the slide cover to lower position completely.
2. Set the message heads adjustment switch to "7" position
Then adjust the message heads to your shoulders while moving the adjustment switch.
3. You can adjust the message heads position while massaging.

NOTE: When you find your favorite position, memorize the number which is printed near the switch.



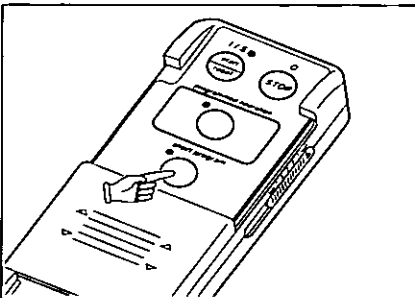
- o This is an adjustment for your height "7" being the shortest position and "1" the tallest.
- o Use this to insure acustomized full back/neck massage.

o Massage will operate automatically for apporoximately 12 minutes after pushing the button.



NOTE: Check to be sure the course indicator lamp is lit.

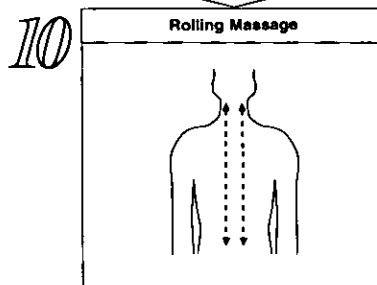
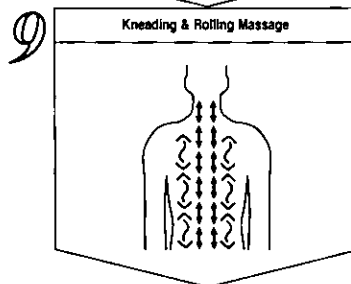
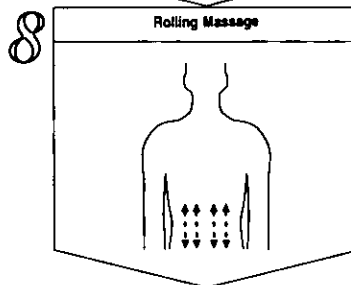
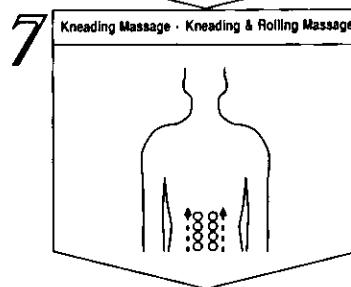
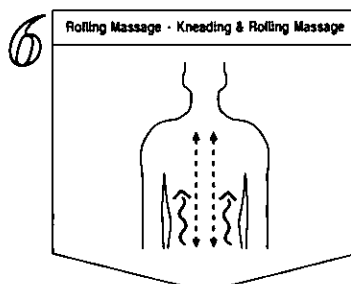
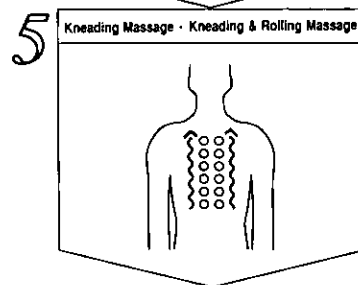
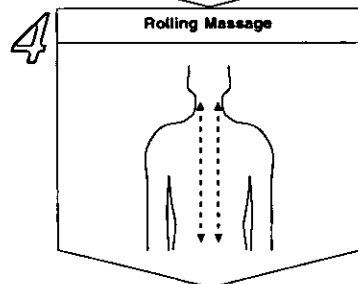
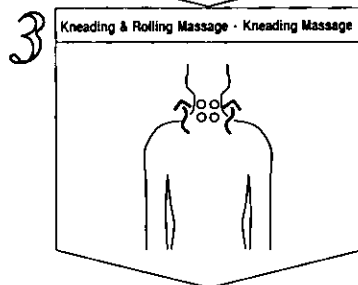
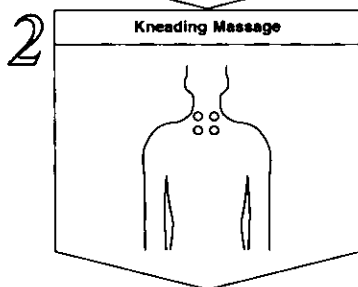
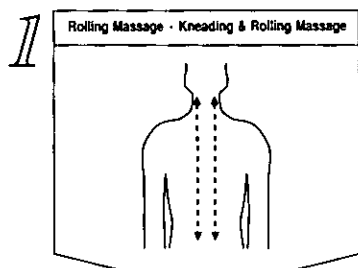
- o If you do not press the button, the programmed massage course will start automatically after 40 secondes.
- o If you do not have enough time to enjoy a full programmed massage press the "short program" button.
The massage will operate for approximately 5 minutes. The indicator light will remain on for the duration of the massage.
- o If you wish to stop the short massage course, push "short program" button again. Then the programmed massage course will start.



PROGRAMMED MASSAGE

REGULAR PROGRAMMED COURSE – approx. 12 min.
 SHORT PROGRAMMED COURSE – approx. 5 min.

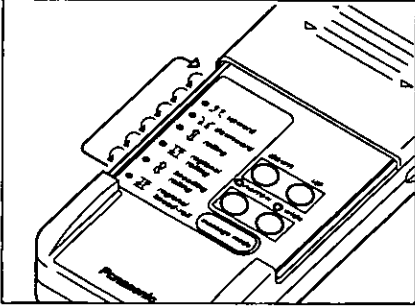
□(SHORT PROGRAMMED COURSE consists of : ② ③ ④ ⑤ ⑥ ⑦ ⑨)



※ The above diagrams have been abbreviated to enable easy understanding of the massage action.

MANUAL MASSAGE

First read and familiarize yourself with the safety precautions.



1. Push the operation switch buttons and set the slide cover to the manual "up" position.
2. Push the massage selector button.
 - Massage operation can be changed by pushing the massage selector button progressively as follows.

1. Upward massage
2. Downward massage
3. Rolling massage
4. Regional rolling massage
5. Kneading and rolling massage
6. Regional kneading and rolling massage

Massaging

- ① Select the upward massage or downward massage mode to begin massaging.
- ② To adjust to the desired position, use the up or down buttons.

NOTE: Do not massage any one point for more than 5 minutes. Do not stretch the back muscles for more than approx. 15 minutes at one time. A continuous massage in the same area may result in soreness.

Rolling massage

- ① Select the rolling massage mode.
 - The massage heads move to the narrow position and start the rolling massage.
- ② Use narrow or wide adjustment button to adjust the width of the massage heads.
- ③ To raise the massage heads, push the up button. To lower them, push the down button.
 - When you wish to stretch only a certain part of your back, use the up button to raise the massage heads or down button to lower them.

MANUAL MASSAGE

Regional rolling massage

- ① Select the regional rolling massage mode.
 - The massage heads move to the narrow position and start the regional rolling massage.
- ② Use narrow or wide adjustment button to adjust the width of the massage heads.
 - To raise the massage heads, push up button. To lower them, push down button.

Kneading and rolling massage

- ① Select the kneading & rolling massage mode.
 - The massage heads start the kneading & rolling massage.
- ② To raise the massage heads, push up button. To lower them, push down button.
 - When you wish to stretch only a certain part of your back, use the up button to raise the massage heads or down button to lower them.

Regional kneading and rolling massage

- ① Select the regional kneading & rolling massage mode.
 - The massage heads start the regional kneading & rolling massage.
- ② To raise the massage heads, push the up button. To lower them, push the down button.

Adjustability for Manual Massage

Manual Mode	Up/Down Adjustment	Width Adjustment
Upward	Yes (1' 10 1/4")	No (2 61/64")
Downward	Yes (1' 10 1/4")	No (2 61/64")
Rolling	Yes (1' 10 1/4")	Yes (3 11/32" or 4 21/64")
Regional Rolling	Yes (1' 10 1/4")	Yes (3 11/32" or 4 21/64")
Kneading/Rolling	Yes (1' 10 1/4")	No (2 61/64")
Regional Knead/Roll	Yes (1' 10 1/4")	No (2 61/64")

MANUAL MESSAGE

Massage heads up-down and width adjustment

- Use the up or down adjustment button to adjust the up or down direction of the massage heads.
To raise the massage heads, push the up button. To lower them, push the down button.
Use the narrow or wide buttons to adjust the width between the massage heads (available only in the rolling massage and regional rolling).
- When the massage heads have reached the desired position, remove finger from the button and heads will stay in that position.
- This will also resume massage action.

NOTE: If the massage heads are forcibly locked, they will stop for safety and the controller panel will warn you with flashing lamps.
Raise your back slightly and push the start button.

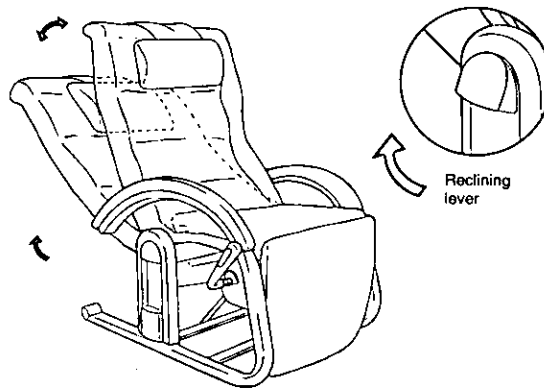
RECLINING THE CHAIR

First read and familiarize yourself with the safety precautions.

The angle of the chair back can be changed so the body weight and the massage heads will work together to determine the strength of the massage.

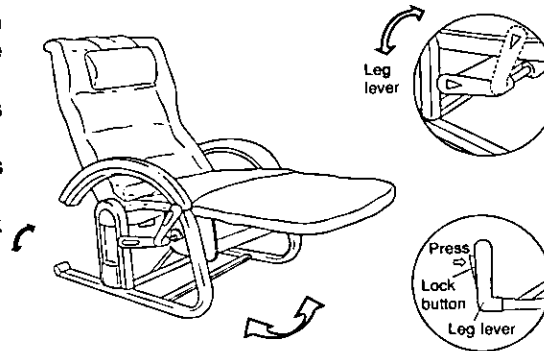
Try changing the angle of the chair back to find a comfortable massage of a strength that is most suitable for your own comfort. Towels may be used in conjunction with the back cushion to lessen intensity if desired.

- While you are seated, pull outward on the reclining lever that is on the outside of the right armrest and recline the chair back to the desired angle with leaning back. Remove your hand from the lever and the chair back will remain at the angle.
- If you want to raise the chair back, lift your body from the chair back and pull up the reclining lever.
- To get the maximum benefit from the massage, let your body relax and recline in a comfortable manner.
- Make sure the back of the chair is kept clear of walls and objects.



HOW TO EXTEND THE LEGREST

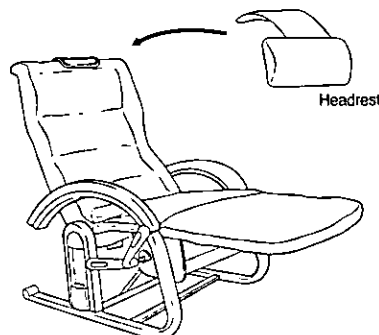
- ① Push the legrest extender lever lock button.
- ② While keeping the legrest extender lever lock button pushed, turn the legrest extender lever and extend the legrest.
(The lock button can be released once the lever has been turned slightly.)
- ③ Turn the legrest extender lever until the legrest is completely extended and locks in place.
- ④ To store the legrest, push the legrest extender lock button and reverse the above procedure.



NOTE: Keep children and pets away from the massage lounger when lowering the legrest to prevent injury.

HEADREST

- Position the headrest at a comfortable height and lock in place with the Velcro (magic) tape.
- We recommend removing the headrest entirely when massaging the neck and shoulders.

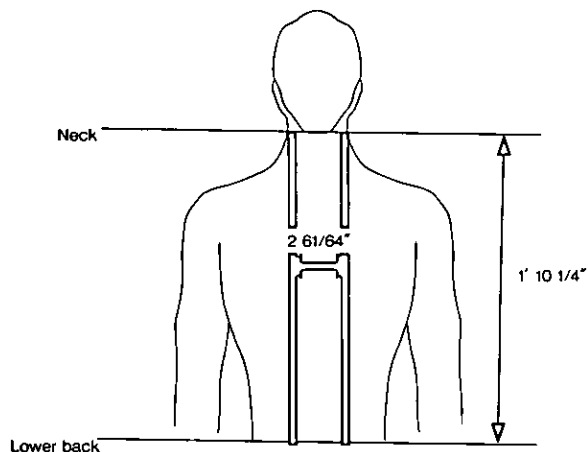


MASSAGING HEADS RANGE MOVEMENT

The width between the massage heads can be adjusted for rolling massage and regional rolling massage. The heads can be set at different widths for a wide range, giving you a massage any place you like from the neck to the lower back.

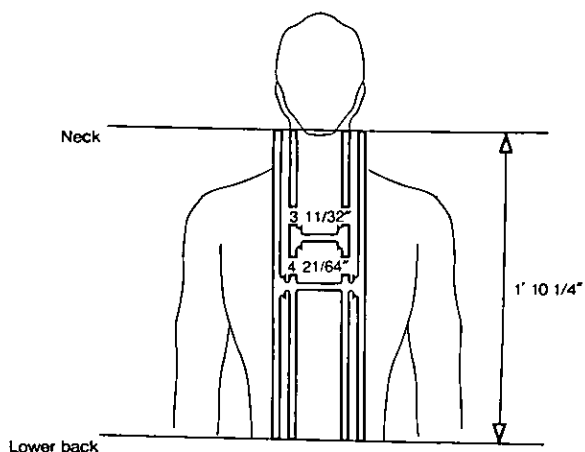
<UPWARD, DOWNWARD, KNEADING ROLLING AND REGIONAL KNEADING ROLLING MASSAGE>

Massage range width: $2 \frac{61}{64}$ " (75 mm)
(Width cannot be adjusted)



<ROLLING, REGIONAL ROLLING>

Massage range width: $3 \frac{11}{32}$ " or $4 \frac{21}{64}$ " (85 mm or 110 mm)



HOW TO CLEAN

- Wipe the cover with a mild detergent, diluted in plain or warm water. Then, rewash with plain water and let dry.
- Do not use bleach or solvents such as benzene or alcohol. Chemicals can discolor or damage the material.

PLACE OF USE

- Do not use the Massage Lounger where exposed to direct sunlight for long periods of time. Overexposure to harsh light can discolor or harden the cover.
- Do not use the Massage Lounger in hot or humid places or places where wet by rain, splashing or dripping water, etc. Water and heat can cause discoloring and mildew.

TROUBLESHOOTING GUIDE

Before requesting service for this unit, check the table below for the possible cause of the problem. Some simple checks or minor adjustment on your part may eliminate the problem and restore proper operation. If you are in doubt about some of the check points, or if the remedies indicated in the

chart do not solve the problem, refer to the directory of authorized service centers (see the service center list included) to locate a convenient service center, or consult your Panasonic dealer for instruction. (in U.S.A. consult MSC Authorized Servicenters for detailed instructions.)

Problem	Probable cause(s)	Suggested Remedy
Massage does not start.	The power cord is not plugged in.	Plug the power cord into an AC outlet (120V).
	The power source switch is at the "off" position.	Slide the power switch to "on".
All lamps on controller flash with beeping sounds and massage heads stop.	If the massage heads are forcibly locked, they will stop for safety.	Raise your back slightly and push the start button
Kneading massage cannot be changed immediately to a rolling massage.	The massage heads must move to the narrowest position for a rolling massage.	Wait until the massage heads reach the narrowest position.
Desired manual massage does not start.	The slide cover of controller is not moved to the upper end completely.	Slide the cover upward until it snaps firmly in place.
Massage heads don't reach your shoulders.	Shoulder level adjustment switch is not set correctly.	Slide the massage head adjustment switch until the massage heads reach your shoulder position.
	Your shoulders are too high.	Shift your waist forward and recline the chair back.

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