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Juiceman JM400 Owner's Manual

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|--|--|
| 1. Food pusher cap (Part# JM400-01) | 9. Juice pitcher with froth separator (Part# JM400-06) |
| 2. Food pusher (Part# JM400-02) | 10. Base |
| 3. Feed chute (Part# JM400-03) | 11. Cleaning brush (not pictured) (Part# JM400-07) |
| 4. Safety locking lever | 12. Speed dial |
| 5. Lid (Part# JM400-04) | 13. Pulp container (Part# JM400-08) |
| 6. Stainless steel filter basket (Part# 71269) | 14. Pulp spout |
| 7. Juice bowl (Part# JM400-05) | |
| 8. Juice spout | |

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----- Manual continues below -----

Juiceman®



CLASSIC 2-SPEED juicer

JM400

Instruction Booklet



THANK YOU FOR YOUR PURCHASE!



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STORIES WITH US ONLINE**



REGISTER ONLINE AT :
www.prodprotect.com/applica



RATE & REVIEW YOUR PRODUCT
www.juiceman.com

Should you have any questions or concerns with your new product, please call our Customer Service Line at 1-800-231-9786 (US and Canada).
Please do not return to the store.

Please Read and Save this Use and Care Book.

IMPORTANT SAFEGUARDS

All Juiceman products are designed with your safety in mind. When using electrical appliances, basic safety precautions should always be adhered to, including the following:

Read all instructions and save for future reference:

- Remove any stickers before using the juicer.
- To protect against risk of electrical shock, do not put cord, plugs or appliance in water or other liquid.
- Fully unwind the power cord before use.
- Always make sure the juicer is properly assembled before plugging in and using.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use, before putting on or taking off parts, or before cleaning.
- Avoid contacting moving parts.
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions, or is dropped or damaged in any manner. Contact the consumer service number listed in this manual.
- The use of attachments not recommended by Juiceman may cause fire, electric shock or injury.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter.
- Do not let cord touch hot surfaces or become knotted.
- Do not leave the appliance unattended when in use.
- Always make sure juicer cover is clamped securely in place before motor is turned on.
- Do not unfasten clamps while juicer is in operation.
- Be sure to turn dial to OFF position after each use of your juicer. Make sure the motor stops completely before disassembling.
- Do not put your fingers or other objects into juicer opening while it is in operation. If food becomes lodged in opening, use food pusher or other piece of fruit or vegetable to push it down. When this method is not possible, turn the motor off and disassemble juicer to remove the remaining food.
- Do not use this appliance if the rotating sieve is damaged.
- Do not operate the juice extractor without pulp container in place.
- Use caution when operating the appliance
- Keep the appliance clean; refer to care and cleaning section of this manual.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

SAVE THESE INSTRUCTIONS

Safety Features

This product is for household use only.

POLARIZED PLUG (120V MODELS ONLY)

This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

TAMPER-RESISTANT SCREW

Warning: This appliance is equipped with a tamper-resistant screw to prevent removal of the outer cover. To reduce the risk of fire or electric shock, do not attempt to remove the outer cover. There are no user-serviceable parts inside. Repair should be done only by authorized service personnel.

ELECTRICAL CORD

- 1) A short power-supply cord is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.
- 2) If a long detachable power-supply cord or extension cord is used,
 - a) The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance,
 - b) If the appliance is of the grounded type, the extension cord should be a grounding-type 3-wire cord, and
 - c) The longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally.

Note: If the power cord is damaged, please contact the warranty department listed in these instructions.

Meet your **CLASSIC** **2-SPEED** juicer

A kitchen classic, this two speed juicer is designed with a removable pulp container and froth separator, ensuring you get a fresh, clean glass of juice every time you use it.

Product may vary slightly from what is illustrated.



1. Food pusher cap (Part# JM400-01)
2. Food pusher (Part# JM400-02)
3. Feed chute (Part# JM400-03)
4. Safety locking lever
5. Lid (Part# JM400-04)
6. Stainless steel filter basket (Part# 71269)
7. Juice bowl (Part# JM400-05)
8. Juice spout
9. Juice pitcher with froth separator (Part# JM400-06)
10. Base
11. Cleaning brush (not pictured) (Part# JM400-07)
12. Speed dial
13. Pulp container (Part# JM400-08)
14. Pulp spout

PERFECT FOR:
Peeled citrus fruits,
hard fruits and
vegetables, leafy
greens and berries.



HOW TO JUICE

This product is for household use only.

GETTING STARTED

- Remove all packing material, any stickers, and the plastic band around the power plug.
- Go to www.prodprotect.com/applica to register your product and visit www.juiceman.com for more recipes, tips and tricks.
- Wash all removable parts as instructed in CARE AND CLEANING

IMPORTANT: Do not rinse or immerse base in water or any other liquid.

- Place base on a dry, level counter and get ready to juice.

PREPARATION



Clean all produce thoroughly using a natural bristle brush



Remove and discard outer leaves, peel off any stickers, and remove any discolored/bruised sections



You can juice with the skin on but the skin of citrus fruits can taste bitter so we recommend removing their skin










Remove melon seeds and pits when possible



Bunch leafy greens, parsley, wheat grass and sprouts into small, tight balls before juicing

FRUIT & VEGETABLE HEALTH

Fruits and vegetables are an **excellent** source of key vitamins and nutrients. In addition to great taste, below is a list of some of the benefits in a variety of fruits and vegetables.

FOOD	NUTRIENTS
	Vitamins A and C Use cucumbers as the base ingredient to green juices - almost 90% water!
	Vitamins A, C, and Beta-Carotene With a sweet and creamy consistency, carrots pair well with citrus fruit and cut the bitterness of leafy greens!
	Beta-Carotene, Vitamins C, and Calcium Get the most out of your kale by running it through the juicer before high water content produce items.
	Calcium, Vitamins A, C, and K Celery may aid in digestion due to its high water content.
	Vitamins C, A, and Antioxidants The high content of natural sugar in apples makes them great for sweetening and balancing the flavor of bitter vegetables, but use in moderation!
	Antioxidants, Magnesium, Potassium, and Folate Try a 2-to-1 beets to apple ratio!
	Vitamins A, C, E, and Chlorophyll Wheatgrass goes well with naturally sweet carrot juice, or mixed with a shot or two of fresh citrus juice!

FOOD

NUTRIENTS



Vitamin C, Folate, and Potassium

Use lemon to enhance the natural flavors of any juice you're making.



For a sweet, spicy flavor to mask bitter tastes of vegetables, use ginger liberally. Ginger aids in digestive health.



Antioxidants, Folic Acid, Vitamins C, and A

May help boost your immune system.

ASSEMBLING YOUR CLASSIC JUICER

IMPORTANT: Always make sure juicer is unplugged before starting to assemble.



STEP 1: Place juice bowl on the base.



STEP 2: Place filter basket in juice bowl and press down on the rim to secure it in place.
CAUTION: handle filter carefully!



STEP 3: Place lid on the juice bowl, and press down to lock in place.



STEP 4: Attach feed chute to lid turning counterclockwise to lock.



STEP 5: Lift lid locking lever up to lock in place.



STEP 6: Tilt pulp basket and slide beneath pulp opening of lid until it clicks in place.



STEP 7: Place juice pitcher below the juice spout.

TIP: Remove the foam separator for a more frothy juice!

IMPORTANT: Juicer will not operate if the lid locking lever is not properly attached and pulp basket is not properly placed against the motor base.

SPEED SELECTION

This juicer has two speed options: LOW (1) and HI (2). Speeds are selected simply by turning the speed control dial to the desired setting.



Best for
hard produce



Best for
soft produce



Turns juicer off

USING YOUR CLASSIC JUICER

1. Assemble juicer completely

TIP: For a faster clean time, line pulp basket with a plastic bag!

2. Plug your juicer into a standard electrical outlet.
3. Turn speed control dial to the desired speed setting and begin juicing.

NOTE: You may alternate between speeds while juicing, depending on the appropriate setting for the various products being juiced.

CAUTION: Never place fingers or hands into the feed chute.

4. Use the food pusher to gently guide food down feed chute, making sure the groove of the pusher aligns with the ridge inside the chute.

NOTE: to extract more juice, press down gently on food pusher; do not force it down.

The juicer will separate the juice and pulp for you, but never let the pulp container get too full. Make sure to unplug the appliance and empty the containers before continuing to extract.

TIP: Try alternating types of produce being juiced to ensure efficiency and blend the flavors together. Juice greens first to maximize juice extraction.

5. Once you have finished juicing, turn the speed control dial to OFF (0). Be sure to unplug juicer from the outlet when not in use.
6. With the foam separator inside the juice jug, pour your juice into a glass and enjoy!

TIP: Pour juice over ice for a refreshing drink or pour into ice cube trays and freeze to lightly flavor beverages later!

CARING FOR YOUR CLASSIC JUICER

This product contains no user serviceable parts.

Refer service to qualified service personnel.

CLEANING:

1. Always unplug the unit before cleaning or when not in use
2. Disassemble the juicer to clean parts:
 - a. Press the safety lock button and release the lid locking lever
 - b. Remove the feed chute from the lid by turning clockwise. Lift lid up from the motor base
 - c. Remove the pulp basket away from the motor base
 - d. Lift the rim of the filter up to remove it from the juice bowl. Handle carefully as the filter teeth are sharp.

- e. Remove the juice bowl from the base.
3. Clean the motor base and rubber feet using a sponge or damp cloth.
4. Use a damp toothbrush or cloth to clean juice from inside the motor base hub (on top of motor base).

IMPORTANT: Do not immerse motor base in water or spray with water. Clean only by wiping with a damp sponge, cloth, or paper towel.

5. All juicer parts - except motor base - are washable with warm water and dish soap. Do not use any products containing ammonia or scouring powders.
6. Use cleaning brush provided to scrub lid, filter and juice bowl. Do not use metal brushes or pads.
7. To clean food pusher, remove circular cap in the cover of the food pusher. Once parts are dry, replace cap.

TIP: Removable parts are top-rack dishwasher safe!

REMOVING TOUGH STAINS

Carotenoids are found in many vegetables, particularly carrots, and can cause some staining. If this happens, we suggest soaking any stained parts overnight in one of the following solutions:

- Biodegradable soap in enough warm water to cover juicer parts
- ¼ cup bleach added to a sink full of warm water
- 1 part warm water to 1 part cider vinegar
- 1 small box of baking soda in enough warm water to cover juicer parts

After soaking overnight, lightly scrub with a soft bristly brush and liquid detergent.

STORAGE:

1. Store your juicer in a clean, dry place. Never store juicer while it is still plugged in.
2. Never wrap cord tightly around the appliance. Do not put any stress on cord where it enters juicer, as this could cause cord to fray and break.

TROUBLESHOOTING

Overheat protection system: This juicer contains a PTC overheat protection system. When the appliance is being operated for too long or with too much load, the PTC protector will shut down the power of the appliance to protect the unit. If the power shuts down, unplug for 15 minutes and plug back in for normal operation.

PROBLEM	POSSIBLE CAUSE	SOLUTION
Juice extractor is turned on but will not run	Safety lock may not be closed securely	Turn the juicer off and unplug. Make sure everything is properly attached and parts are clean and free of food remnants.
Juicer makes loud noises and begins to vibrate.	Soft foods may have clogged the filter	Turn the juicer off and unplug. Remove the filter and clean it with a brush to remove all food particles
Motor seems to stall.	Juicing may be too vigorous and/or pulp has built up under the cover.	Turn the juicer off and unplug. Remove the filter and clean with a brush to remove food particles. Clean the lid and continue to juice.
Pulp is too wet and not enough juice is being extracted.	May be pushing foods too quickly through the chute.	Use the pusher as a guide; do not use pressure. Turn the juicer off and unplug. Clean the filter and soak in a solution of hot water and lemon juice to remove any excess fiber from the strainer. You may also wash in the dishwasher top rack only.
Juice leaks between the pitcher and the lid	Juice pitcher may not be properly placed. Juicing action may be too fast.	Make sure the juice pitcher is flush with the appliance. Slow down the juicing action.

JUICING TIPS & TRICKS:

- 🗨️ **Pulp can be used in many different ways:**
 - Making breads, muffins, cakes and other baked goods
 - Thickening soup stocks
 - Making compressed facial packs
 - Making garden compost material
- 🗨️ **For best results, refrigerate fruits and vegetables before juicing**
- 🗨️ **Do not juice bananas, avocados or coconut — they don't have water content and may clog the appliance. Instead, add your freshly extracted juice to a blender and add these ingredients for a delicious smoothie!**
- 🗨️ **We recommend drinking your juice right away or storing it in a vacuum sealed container for the freshest juice possible!**

JUICE RECIPES



HONEY OF A DRINK | SERVINGS: 2

INGREDIENTS:

- 3 cups pineapple
- 1 pint raspberries
- 1 nectarine
- 1 orange, peel and white pith removed
- 1 plum, stone removed
- 1 tsp. honey

DIRECTIONS:

Process fruits through your juicer and stir in honey.



ENERGY BOOSTER | SERVINGS: 4

INGREDIENTS:

- 1 broccoli stem
- 3 carrots
- 4 cups loosely packed spinach
- 1 apple
- 1 tsp. honey

DIRECTIONS:

Juice vegetables and fruit, then stir in honey.



THE 5 P'S | SERVINGS: 2

INGREDIENTS:

- ¼ pineapple
- 1 peach, stone removed
- 1 pear
- 1 pluot, stone removed*
- 1 plum, stone removed

DIRECTIONS:

Juice all ingredients.

*A pluot is a combination of a plum and apricot. If not available, use one apricot with the stone removed.



ISLAND DELIGHT | SERVINGS: 4

INGREDIENTS:

- ¼ cantaloupe, without seeds
- ⅓ honeydew, without seeds
- 3 cups watermelon, rind removed
- 2 tbsp. coconut milk

DIRECTIONS:

Juice all fruits then stir in coconut milk.



BLACKBERRY LEMONADE | SERVINGS: 2

INGREDIENTS:

- 4 granny smith apples
- 1 lemon, peel and white pith removed
- ¾ cup blackberries
- Sparkling Water
- Ice

DIRECTIONS:

Juice all fruits and stir to blend flavors. Divide amongst two glasses and add ice and a splash of sparkling water.



DRAGONFRUIT CITRUS COOLER | SERVINGS: 2

INGREDIENTS:

- 1 dragonfruit
- 2 oranges, peel and white pith removed
- 1 grapefruit, peel and white pith removed
- Sparkling Water
- Ice

DIRECTIONS:

Juice all fruits and stir to blend flavors. Divide amongst two glasses, add ice cubes and a splash of sparkling water.



CARROT ZINGER | SERVINGS: 2

INGREDIENTS:

- 3 medium carrots
- 1 medium apple
- ¼ inch piece ginger

DIRECTIONS:

Juice all ingredients and stir to blend flavors.



FRUIT ESSENTIALS | SERVINGS: 2

INGREDIENTS:

- 1 apricot, stone removed
- 2 kiwis
- 1 orange, peel and white pith removed
- 1 peach, stone removed
- 1 plum, stone removed
- 1 cup watermelon

DIRECTIONS:

Juice fruits and stir to blend flavors. Makes about 2 ½ cups



VITAMIN RICH CORN BREAD | SERVINGS: 9

INGREDIENTS:

- 1 cup loosely packed spinach leaves
- 3 green onions, trimmed
- ¼ medium red pepper
- 1 jalapeño, seeded
- 1 ¼ cups unsifted all-purpose flour
- ¾ cup yellow cornmeal
- ¼ cup sugar
- 2 tsp. baking powder
- ½ tsp. salt
- Skim milk
- ¼ cup vegetable oil
- 2 egg whites, beaten

DIRECTIONS:

Juice spinach, green onions, red pepper and jalapeño. Set aside juice and pulp.

In large bowl, combine flour, cornmeal, sugar, baking powder and salt. Combine reserved vegetable juice with skim milk to make 1 cup. Add top dry ingredients with oil, egg whites and reserved pulp.

Stir until all dry ingredients are moistened. Spoon into greased 8 or 9-inch square baking pan. Bake at 400°F until lightly browned and toothpick inserted into the center comes out clean. Serve warm.

WARRANTY & CUSTOMER SERVICE INFORMATION

For support or any questions regarding your appliance, call the appropriate 800 number listed within this section. Please **DO NOT** return the product to the place of purchase. Also, please **DO NOT** mail product back to manufacturer, nor bring it to a service center. You may also want to consult our Product Protection Center at www.prodprotect.com/applica.

TWO-YEAR LIMITED WARRANTY

(Applies only in the United States and Canada)

WHAT DOES MY WARRANTY COVER?

- Your warranty covers any defect in material or workmanship provided; however, the liability of Spectrum Brands Inc. will not exceed the purchase price of product.

HOW LONG IS THE WARRANTY PERIOD?

- Your warranty extends two years from the date of original purchase with proof of purchase.

WHAT SUPPORT DOES MY WARRANTY PROVIDE?

- Your warranty provides you with a reasonably similar replacement product that is either new or factory refurbished.

HOW DO YOU GET SUPPORT?

- Save your receipt as proof of date of sale.
- Visit the online service website at www.prodprotect.com/applica, or call toll-free 1-800-231-9786, for general warranty service.
- If you need parts or accessories, please call 1-800-738-0245.

WHAT DOES MY WARRANTY NOT COVER?

- Damage from commercial use
- Damage from misuse, abuse or neglect
- Products that have been modified in any way
- Products used or serviced outside the country of purchase
- Glass parts and other accessory items that are packed with the unit
- Shipping and handling costs associated with the replacement of the unit
- Consequential or incidental damages (Please note, however, that some states do not allow the exclusion or limitation of consequential or incidental damages, so this limitation may not apply to you.)

HOW DOES STATE LAW AFFECT MY WARRANTY?

- This warranty gives you specific legal rights. You may also have other rights that vary from state to state or province to province.

MEET OUR NUTRITION EXPERT



Hi! I'm Sarah Mattison Berndt, Juiceman's primary nutritional guru. It's my mission to make healthy living easy for everyone. Holding a Master's Degree in Nutritional Science from Boston University plus two Bachelor's Degrees from the University of Wisconsin in Dietetics and Zoology, I am happy to be Juiceman's go-to on how-to healthy living!

I am a Registered Dietitian, a certified personal trainer, hold advanced certifications in Adult Weight Management and have received a number of awards for my work in healthy living. I have extensive experience helping others improve their health through my business, and it is my goal to help everyone live their healthiest life with expert nutrition and fitness advice.

Be sure to visit
Juiceman.COM
to find my latest nutritional
inspirations, tips & tricks and new
recipes for easy, healthy living!

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